

UPCOMING EVENTS:

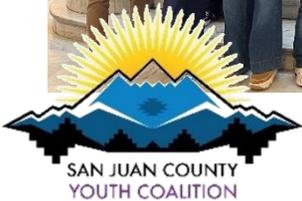
- *February 3rd – **College & Career Readiness (CCR) Day** in White Mesa
- *February 4th – **(CCR) Day** in all other school communities – ½ day of school.
- *February 10th - **Annual Community Suicide Prevention Meeting** in Monticello
- *April 11th – UNHS Victim Advocacy – **Sexual Assault Prevention Conference**

San Juan County Youth Coalition members attend Prevention Day on Capitol Hill!



SJCYC members visited with newly elected House Representative - **Logan Monson**, Senator - **David Hinkins**, and Lt. Governor – **Diedre Henderson**. They were able to sit in the House gallery and observe the legislative process. They attended a special breakfast in the Rotunda with other prevention coalitions and elected officials from across the state of Utah. County Commissioners **Lori Maughan** and **Sylvia Stubbs**, along with County Administrator, **Mack McDonald** and SJSD Director of Student Services, **Trevor Olsen** and **Dr. Aaron Fischer** – University of Utah, were on hand to visit with the youth and tag along on their tour of the Capitol Building. The youth presented Representative Monson with a SJCYC Jacket.

Youth from NMHS: Derrell, Cheyenne, Lasean, Rayden, Tomiara, Reaksmei, Jaylynn & Caynise. (*Advisor – Todd Smallcanyon*) **MHS:** Alexis & Carter. **WHS:** Takori, Makayla, Kaleigh, Maria & Hughstin. (*Advisor – Rowena Whitehat*) **SJHS:** Spencer, James, Max, Noah, Katy, Boston, Ethan, Lola, Isha & Markie. (*Advisor – Thom Lyman*)



We are changing our old coalition work groups to **Community Work Groups** that represent the communities of **Monticello, Blanding, White Mesa, Bluff, Montezuma Creek, Monument Valley & Navajo Mountain.**

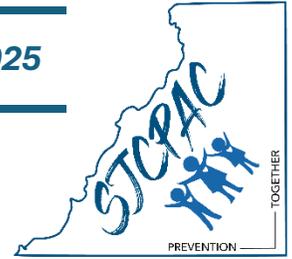
These Work Groups will allow each community to have voice in identifying what their community needs and strengths are, while still working on community outreach, early childhood intervention, youth engagement, collecting data and all prevention initiatives in their area. This will help implement evidence-based practices as well as other projects, activities and events that promote Neighborhood, Community, and Family Connections, as well as opportunities for Prosocial Involvement.

Your Community NEEDS YOU! To get involved contact: Shauna Sherrow
ssherrow@sanjuancc.org or ReNee McDonald rmcdonald@sjsd.org

Community Corner

“San Juan County Prevention Action Collaboration (SJCPAC) Coalition’s Mission is to collaborate with community partners and agencies to strengthen our local youth, and their families against substance misuse and suicide in San Juan County.”

www.sjcpac.com



Newsletter

Did you know?

EATING FAMILY DINNER TOGETHER...
(5-7 Times a Week)

Has proven to reduce...**SUICIDE** by 50%...
and **UNDERAGE DRINKING** by 33%

ENTER TO WIN...

Family Movie Tickets to the San Juan Theatre.

It's as easy as...

1. **Cook and eat Dinner together as a family.**
2. **Take a picture of your family eating together.**
3. **Email your picture to**
amitchell@sanjuancc.org

Your family will then be **entered into a drawing** to win movie tickets to the San Juan Theatre in Blanding.

Your **family photo will also be posted** on our sjcpac.com website and our Facebook page!



Enjoy spending that time together!!

Winners will be notified throughout the month of February.

Coalition Buzz...



Eleven members of our SJCPAC Coalition attended the Winter Coalition Summit in Ogden, UT on January 13-14, 2025. The Summit had a fun "Back to the Future" theme and focused on Key Leader involvement and support.



Back Row: Shawn Begay, Mack McDonald, Trevor Olsen, Logan Monson, Alyn Mitchell, Shelby Eldredge, Tammy Squires, Lori Maughan. Front Row: ReNee McDonald, Shauna Sherrow and Rebecca Benally.



Grant Sunada was nominated and received the "**Chuck Berry Award**" for being not only an amazing coalition member, but a top-notch dancer as well!
(Grant and his family recently moved to Tooele – he will be missed!)

Come and Join our SCJPAC Coalition meetings – every 4th Wednesday at noon. (Public Health Building in Blanding)
For info - email:
ssherrow@sanjuancc.org